

Parents and Carers,

Oakwood High School is an academy and is bound by the statutory terms set by the Department for Education.

Consequently, as a part of your child's education at Oakwood High School, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and to meet their full potential. I am writing to let you know that at certain stages throughout the year your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme.

RSE lessons in Year 7 and Year 8 will include teaching about: Healthy relationships (including friendships families), growing and changing (including puberty), personal hygiene, changing feelings, becoming more independent, keeping safe and consent, developing self-esteem and self-confidence. In Year 9, Year 10 and Year 11 this will develop further to include intimate relationships and sexual health. Please see separate link for an overview of the PSHE schemes of work for individual year groups.

Pupils will also have opportunities to ask questions which will help prepare them for relationships in the modern world. PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body.

Please visit the school's website for more detail about our PSHE curriculum. All PSHE teaching will take place in a safe learning environment and is underpinned by our school ethos and values. As a school community, we are committed to working in partnership with parents; recent parental feedback has indicated that the overwhelming majority of parents continue to be highly supportive of the relationships and sex education programme.

If you would like to find out more or discuss any concerns, please contact Ms A Samuel or Ms D Tank.

Yours faithfully

Mr D Naisbitt
Headteacher

A member of the Inspire Trust

