

REFRESH TO WORK

at The Source



Want to improve or refresh your work skills? Gain useful qualifications to support job applications? Need support with CVs and interview skills?

Use lockdown to enhance your skills by joining our two-week Refresh to Work programme. You will receive full advice and guidance (by telephone and email) and create an action plan to support your next steps.

Programme content

You will join a small online group, where you will refresh your work skills and boost confidence by completing accredited Level 1 qualifications in Workskills, Mental Health and Stress Awareness. You will also receive support to make your CV stand out!

Course Dates

- Telephone enrolment – Tuesday 9th February
- Starts on Wednesday 10th February 2021
- Finishes Friday 26th February 2021

Online classes on:

- ✓ Thursday 11th February
- ✓ Monday 14th February
- ✓ Wednesday 16th February
- ✓ Thursday 17th February
- ✓ Tuesday 23rd February
- ✓ Wednesday 24th February

Review and one to one discussion – Friday 18th February

What happens after? Once the programme has finished, you will receive support with job search and applications. You can join our online groups and can complete other training and qualifications.

Eligibility:

- ✓ Aged 16 and over
- ✓ Unemployed, not in training or education
- ✓ On benefits / not on benefits
- ✓ Has the right to work in the UK and proof of ID
- ✓ Has access to IT
- ✓ Able to commit to attending online classes

Call Sophie on 07935756624 to find our more or email us at

Community@thesourceacademy.co.uk



STEPS TO WORK
CAREER SUPPORT AT THE SOURCE