

KRI



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Headteacher: Chris Eccles

Dear Parent/Carers,

I am writing to you to inform you that year 7 pupils will be taking part in Restart a Heart Day on the **15th October 2021**. This is a regional event delivered by the Yorkshire Ambulance Service, in conjunction with the British Heart Foundation.

Restart a Heart Day was developed in 2013 by the European Resuscitation Council to teach members of the public how to perform CPR on someone who has suffered a cardiac arrest. The following year, Yorkshire Ambulance Service NHS Trust offered all secondary schools in Yorkshire the opportunity to receive free CPR training for pupils on Restart a Heart Day.

As I'm sure you will appreciate, this is an excellent opportunity for these pupils to learn basic CPR lifesaving skills, and we are very pleased to be able to offer this to our year 7 pupils for the first time this year. On the day, a trainer from the Yorkshire Ambulance Service will deliver a 30-45-minute session where your child, along with their peers, will also have the opportunity to practice CPR.

If your child has had an experience of CPR which you feel may affect them on the day, please inform us of this so we are able to be sensitive to their needs.

Additionally, to raise money for the British Heart Foundation, we ask that year 7 pupils wear something red to school on the 15th October, this could be a t-shirt or a jumper for example. They must, however, still wear their school trousers, blazer and school shoes, and we ask that those pupils who do wear something red, make a small donation of £1.00 which will then be donated to the charity.

If you have any questions about this, please don't hesitate to contact me on 01709 512222 ext. 2005, alternatively by email k.riordan@oakwood.ac

Yours Sincerely,

Katie Riordan
Pastoral Support Team Manager

A member of the Inspire Trust



Registered in England: 08775996

